

New York
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State Plan Under Title XIX of the Social Security Act

DEFINITION OF SPECIALIZED SERVICES

1) **For mental illness**, specialized services means the services specified by the State which [combined with services provided by the NF], result[s] in [the continuous and aggressive implementation of] an individualized plan of care that demands hospitalization.

The care plan must require one or more of the following:

- a. [Is developed and supervised by an interdisciplinary team, which includes a physician, qualified mental health professionals, and, as appropriate, other professionals.] Hospital level assessment or diagnosis of recent behavioral change;
- b. [Prescribes specific therapies and activities for the treatment of persons experiencing an acute episode of serious mental illness, which necessitates supervision by trained mental health personnel; and] Intensive observation, protection, assistance, or supervision from the professional staff of a hospital;
- c. [Is directed toward diagnosing and reducing the resident’s behavioral symptoms that necessitated institutionalization, improving his or her level of independent functioning, and achieving a functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time]. Introduction or change in medication or other somatic treatment that needs frequent round the clock monitoring by professional staff.

The plan must be developed and supervised by an interdisciplinary team which includes a physician, qualified mental health professional and, as appropriate, other professionals.

The plan must be directed toward diagnosing and reducing the resident’s behavioral symptoms that necessitated hospitalization, so as to improve his or her independent functioning to a level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.

2) **For mental retardation**, specialized services means the services specified by the State which, combined with services provided by the NF or other service providers, results in treatment which meets the requirements of Section 483.440(a)(1).

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